

# Ahimsa Day

**Compassion and non-violence towards all living beings**



**December 3rd from 5:30 to 7:30pm  
Merrill Living Room**

Derived from Sanskrit, the word “Ahimsa” means nonviolence. This is a common practice in Jainism, Hinduism, and Buddhism.

Student speakers of different backgrounds will share their perspectives on Ahimsa. Vegetarian dinner will be provided.

**Brought to you by the Spiritual Life Office  
HAMPSHIRE COLLEGE**