

For the Healing of Our World

A Retreat for Social Change Activists

in Florence, Ma.

January 30 - February 1, 2009



We all long to live the full expression of our core essence and purpose, to be alive and present in each moment. For some of us, this is a call to the work of building a better world. Though rich with meaning, honor and satisfaction, facing directly into the suffering of our world can leave one with the burden of accumulated despair, fear and anger.

A Retreat for Social Change Activists is an opportunity to gather in loving community, open to the depth of our experiences and to be replenished for the work of building sustaining and loving relationships in the world.

This Retreat is an intensive growth experience in a loving, supportive community, built on the principles and skills of loving. Intentional loving is an art. When practiced well in all aspects of our lives we have the promise of becoming the true agents of change of which we dream.

Kristen Chamberlin, M.S., L.M.T., has been an educator and facilitator of groups for 20 years drawing on systems theory, mindfulness traditions, experiential models of education, process therapy and the expressive arts. She coaches corporate and non-profit teams on communication, conflict resolution, and leadership skills. She also sees private clients and facilitates group work for those wishing to dive more deeply into their own healing process. She is deeply guided by her desire to live in the world with her heart wide open.

Jeff Hilliard, MA, M.F.A. is a therapist and retreat leader whose work is shaped by many years' experience as a visual artist and college professor. A long time veteran of the Shalom Process, he has recently completed a master's degree in Counseling Psychology at Lesley University. Jeff is passionate about the interplay of the psychological and spiritual journeys, and the role of consciousness in The Great Turning (the global shift towards ecological sustainability).

Details. A \$190 fee includes meals, cozy and rustic accommodations, and all retreat sessions. Space is limited to 10 participants. For more information, please **contact Kristen at (413) 586-2373 or kchamber@valinet.com**.