

Consciousness-in-Action

Toward an Integral Approach to Liberation & Transformation

An Introductory Workshop

by **Raúl Quiñones-Rosado, PhD**, author and founder of ilé|c-Integral

Saturday, October 20, 2007

Time and Location TBA (Western MA/Amherst area)

Cost: \$35.00. **Online registration available at www.contemplativemind.org.**



In this 4-hour workshop, Raúl Quiñones-Rosado introduces key concepts and principles of “**consciousness-in-action**” – an alternative approach to personal and social change. Drawing from psychology, social theory, integral studies, contemplative practice, and years of work in communities-of-struggle, Dr. Quiñones-Rosado offers an overview of: an integral developmental framework; a psychosocial analysis of the impact of identity-

based power, and; liberatory-transformative practices for addressing oppression, arguably the greatest hindrance to human well-being and development.

Topics introduced will include:

- An Integral Model of Well-Being and Development
- The Forces that Hinder in the Matrix of Domination
- Disrupting the Cyclone of Oppression & Reactivity
- Integral Liberation & Transformation Praxis

Consciousness-in-Action will be relevant and useful to **community organizers, social and spiritual activists, social justice educators, helping professionals, organizational leaders**, as well as **students, academics, and others interested in liberation from oppression and the transformation of our society.**

Raúl Quiñones-Rosado, PhD, author of *Consciousness-in-Action: Toward an Integral Psychology of Liberation & Transformation*, works within various communities-of-struggle in Puerto Rico and the United States to support those committed to personal change and social transformation. He is co-founder of **ilé, inc.** (formerly known as the Institute for Latino Empowerment), an organization committed to anti-oppression community organizing and Latino leadership development. Raúl currently directs **c-Integral**, a core service of ilé, through which he teaches, counsels and trains others in the principles and practices of *consciousness-in-action*.

FOR MORE INFORMATION, PLEASE CONTACT:

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