

Dear Educators and Counselors,

As a result of working with many young women and teens of color in psychotherapy I became aware of their limited opportunities for creative self-expression in concert with a respectful and encouraging audience of their peers. This writers group that I am offering will give these young women a safe and constructive milieu in which to discover, and share the written word. I am trained in the Amherst Writers and Artist Institute's methodology. The intention of this method is to support and strengthen the voices of people who are often silenced and unheard. I have lived and worked in the Valley for 17 years as a professional woman of color and can fully appreciate the challenges that face being visible and affirmed. Many of our young women are in search of healthy ways to acknowledge the beauty of who they are intellectually, physically and spiritually.

This writers group is free and group size is set at 10 participants. Please call to register.

Sincerely yours,

Renée A. Mendez

"I'm Beautiful.. I Know That I Am!"

A Writers Group for Young Women of Color

*Facilitated by Renée A. Mendez
Writer, psychotherapist, graphic designer*

*For Ages 14 - 20 years
8 Week Series*

*Monday evenings from 6:00 - 8:30pm
September 17 - November 5, 2007*

*Location: 55A North Plain Road
Sunderland, MA 01375*

To register call: 413.665.8532

"A Positive Feedback Experience"

